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ANNUAL REPORT

WHO WE ARE

Rural Doctors is a non-profit organisation with a wealth of experience in closing health equity gaps by enhancing health care access in enclaved, remote health areas and humanitarian settings. Specifically, Rural doctors is building community resilience to high burden diseases where there is poor access to health services through sound partnership with traditional structures and the community using local resources.

VISION

Close existing health equity gaps in rural communities.

MISSION

Build community resilience to high burden diseases where there is poor access to health services and provide lifesaving health care to vulnerable groups, and victims during crisis.

MESSAGE FROM THE FOUNDER

Inequity in healthcare remains the greatest form of injustice in the world today. I am incredibly lucky to be a vision bearer of this initiative to support global and national efforts to close inequity gaps. Rural Doctors is a non-profit organization which aims at building and strengthening sustainable community disease prevention and response in poor rural settings; and providing lifesaving health care to vulnerable groups and victims during crisis since its activities in 2018.

2021, has been an incredible year during which we focused our energy on generating new evidence on approaches to build resilient community health systems and enhancing internal growth of the organization through creation of new departments and building our networks and volunteer pool. Thanks to support from Friends of Rural Doctors, international and local partners we were able to meet up with our critical KPIs for the year.

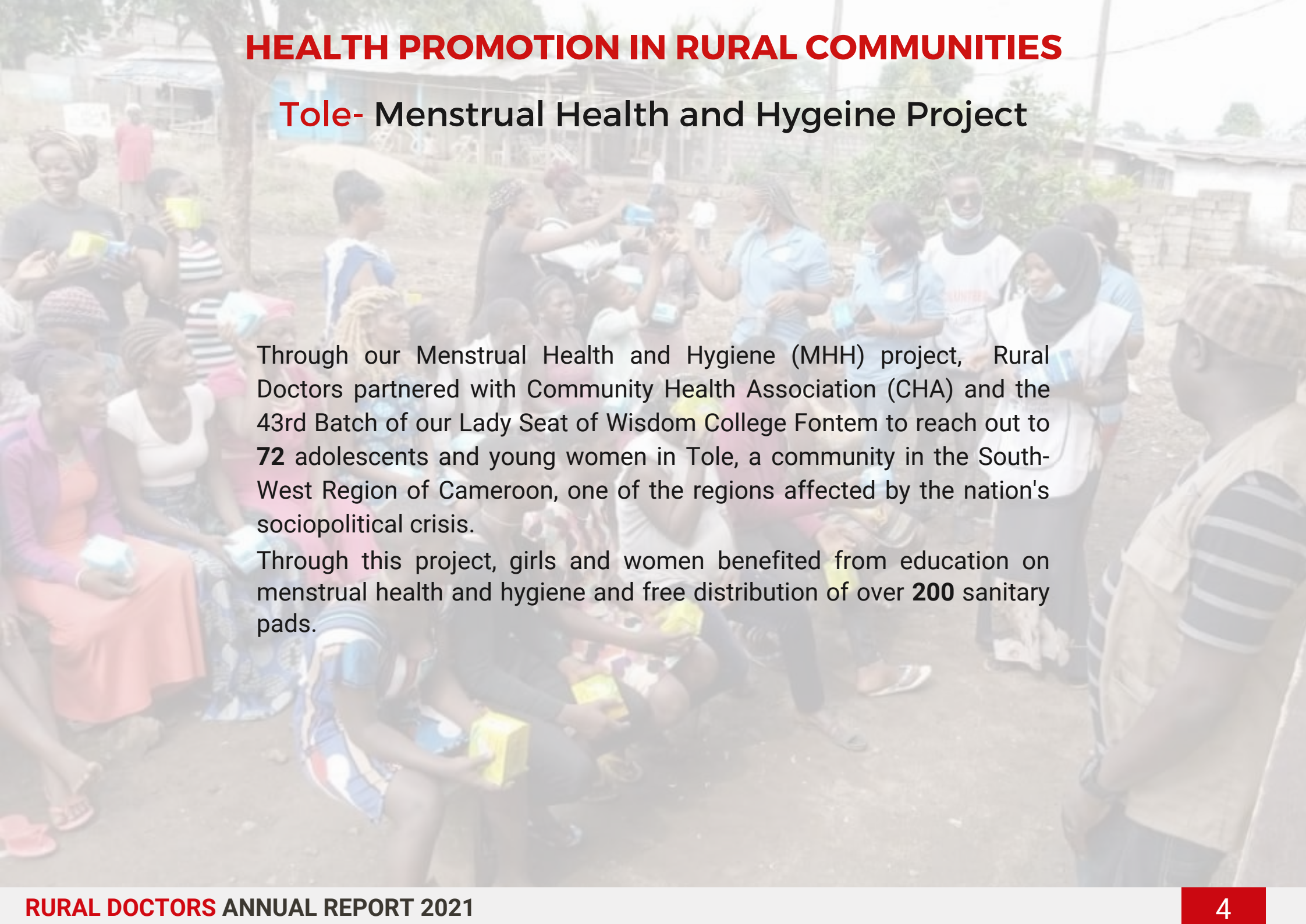
Driven by the passion to volunteer and save lives where it matters most, our volunteers have been inspiring and have shown resilience in supporting underserved communities. I will like to use this forum to congratulate all key players from board members to staff and volunteers for their continuous commitment to the vision of this organization.



Dr. Sangwe Clovis Nchinjoh, MD, MPH
Founder and CEO
Rural Doctors

HEALTH PROMOTION IN RURAL COMMUNITIES

Tole- Menstrual Health and Hygeine Project



Through our Menstrual Health and Hygiene (MHH) project, Rural Doctors partnered with Community Health Association (CHA) and the 43rd Batch of our Lady Seat of Wisdom College Fontem to reach out to **72** adolescents and young women in Tole, a community in the South-West Region of Cameroon, one of the regions affected by the nation's sociopolitical crisis.

Through this project, girls and women benefited from education on menstrual health and hygiene and free distribution of over **200** sanitary pads.

HEALTH PROMOTION IN RURAL COMMUNITIES

Tole- Water Sanitation and Hygiene (WASH) Project



With the onset of the sociopolitical crisis in Cameroon, the Tole community faced serious water distribution and maintenance challenges. Broken pipes and poorly managed water catchments made access to potable water a huge challenge for people living in Tole, with a resultant increase in the number of under-five diarrhoeal cases.

Rural Doctors partnered with PatyCon Water Environmental Consultancy and community leaders to inspect and address issues regarding exposed and leaking pipes, while educating this community on water purification and storage.

FIRST AID CAPACITY BUILDING

As part of a long term scheme to empower communities on first aid practice in low-resource settings, Rural Doctors organized a series of training sessions on basic first-aid for health personnel in Buea.

Amidst the challenges posed by the COVID-19 pandemic, 25 health personnel were capacitated with basic first aid skills to be able serve as focal persons for first aid in their various facilities and communities.



"There is need to create a steady referral system and motivate community health workers (CHWs) to educate the population on quality healthcare"

Nyambo Avitus, Health worker, Manoka Health District



ENHANCING HEALTH CARE ACCESS IN REMOTE AREAS

mCHW-HCRC project- Manoka

Manoka health District is situated in an archipelago in the Littoral Region of Cameroon. It has over 47 islets and one lone hospital. A high prevalence of malaria and water-borne diseases due to diurnal floods has forced most of the population to depend on herbalists and roadside drug vendors. The absence of health facilities is not sufficient reason for poor health in remote communities.

Thanks to our generous funders and partners, Rural Doctors launched the "Mobile Community Health Worker -based Health Care for Remote Communities (mCHW-HCRC)" project in the Manoka Health District in October 2021.

This project entails using the Community-Oriented Primary Care (COPC) model to develop integrated packages for community health workers to fit this population's needs. Thus far the project team has engaged and setup functional Village Health Committees (VHC), and a team of community health workers created and trained on basic health delivery packages.

ENHANCING HEALTH CARE ACCESS IN REMOTE AREAS

NCD sensitization and screening campaigns.

Through Rural Doctors' work in the North West and South West regions of Cameroon, over 2500 people were sensitized about NCDs and over 250 adults screened in five communities (Batoke, Tole, Mile 16, Buea Town and Nkwen).



Screening session in Nkwen, Bamenda



NCD Sensitization in Batoke



Volunteer in counselling session , Batoke



Sensitization in church, (PC Ntenefor,Nkwen)



Volunteers after NCD sensitization session in NDEFCAM radion station, Bamenda

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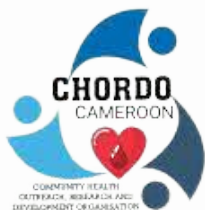
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